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<b>Report To:</b>	<b>Inverclyde CHCP Sub Committee</b>	<b>Date:</b>	<b>10 January 2013</b>
<b>Report By:</b>	<b>Corporate Director Inverclyde Community Health &amp; Care Partnership</b>	<b>Report No:</b>	<b>CHCP/04/2013/BC</b>
<b>Contact Officer:</b>	<b>Beth Culshaw, Head of Health &amp; Community Care</b>	<b>Contact No:</b>	<b>01475 715365</b>
<b>Subject:</b>	<b>Inverclyde CHCP Learning Disability Service Overview</b>		

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## **1.0 PURPOSE**

- 1.1 The purpose of the report is to present to the Sub-Committee an over view of existing supports and services provided by Inverclyde CHCP to people with a learning disability. The supports and services are provided directly by ICHCP or commissioned from the third sector (voluntary or not for profit organisations) or the private sector.
- 1.2 Details of aggregate levels of need and ICHCP financial commitment to this area of service are also detailed.

## **2.0 SUMMARY**

- 2.1 Learning Disability Services meet the needs of people with a complex, moderate or mild learning disability taking account of their personal circumstances, community and family supports and expressed preferences and aspirations. This approach is underpinned by principles that recognise the individuality and worth of every person with a learning disability, their right to contribute to and be included in society and have a voice and to live the life of their own choosing.
- 2.2 In line with Self Directed Support legislation and the personalisation agenda future supports, will be person centred, maximise independence, be based on an enablement approach that will develop, maintain and enhance living skills., Opportunities to explore employability potential and achieve an outcome based approach to service delivery will also be key features. ICHCP Learning disability services will continue to develop existing social care supports and processes in parallel with NHS Greater Glasgow & Clyde Learning Disability re-design.
- 2.3 Areas of Inverclyde CHCP Learning Disability service provision are:-
  - Day Opportunity Services
  - Autistic Spectrum Disorder Service and Outreach Community Support
  - Supported Living Services Team – Community Support
  - Supported Living Services provided directly by CHCP or commissioned form the Third Sector
  - Local Area Co-ordinator – Supporting Learning Disability Community Opportunities
  - NHS GG & C Community Learning Disability Team

- 2.4 In 2011, 577 adults aged 16 and over were known to the local authority in Inverclyde. This equates to 8.8 people with learning disabilities per 1000 people in the local population.

Table 1: Adults with Learning Disabilities aged 16 and over, 2011

Local Authority	MALES				FEMALES				Total	Adults known per 1,000 pop	Change in rate from 2010
	16-20	21-64	65+	Total	16-20	21-64	65+	Total			
Inverclyde	26	284	32	342	13	183	39	235	577	8.8	0.1
Scotland	1,959	11,964	1,189	15,112	956	8,625	1,230	10,811	26,036*	6.0	-0.4

Source: eSAY Data Collection, 2011

\* Total includes individuals where gender and age were unknown

- 2.5 Overview of Inverclyde CHCP current financial commitments broken down by in house provision, commissioned services and NHS GG & C Community Learning Disability Services.

Service	Service Cost
NHS GG&C Community Learning Disability Team	£ 564,000 <i>(inc £521,000 employee cost)</i>
Inverclyde Council Learning Disability Day Support Services	£2,279,000 gross budget <i>(inc £1,693,00 employee cost with £507,000 income)</i>
Inverclyde Council Supported Living Services	£747,000 gross budget for internal services (with £86,000 income) £6,397,000 gross budget for external provider provision (with £3,007,000 income)
<b>Inverclyde CHCP LD Services Spend (Gross Budget)</b>	<b>£9,423,000</b>

### 3.0 RECOMMENDATIONS

- 3.1 To note the principles and values underpinning Learning Disability service provision and the potential impact of self directed support legislation and the personalisation agenda;
- 3.2 To note the current mapping of current Learning Disability Services provision across both health and social care. This provides a baseline for potential change to existing service provision and operational models. Any future developments and changes to existing models of support will entail full consultation with service users, their carers and staff and existing providers; and
- 3.3 To note a two year re-design (2012-14) of NHS GG & C Tier 3 Learning Disability community Learning Disability Teams in terms of how local teams will be structured and how services will be provided by the NHS.

## 4.0 BACKGROUND

- 4.1 Learning Disability services have developed in the last decade based on the national document - Same As You 2000 and Inverclyde Community Health Partnership in Practice Agreement 2000 – 2010. New opportunities and challenges for Learning Disabilities in the shape of Self Directed Support, Personalisation, financial challenges and NHS Greater Glasgow Tier 3 & 4 Learning Disability re-design provides an opportunity to revisit existing models of support. The instigation of an integrated Community Health and Care Partnership has allowed us to scope learning disability community services across both health and social care.
- 4.2 Launched in 2000 the 'Same As You?' was the first significant review of learning disability services in Scotland for over 20 years. It made 29 recommendations for planning and developing learning disability services setting out a 10 year program of change, directing local authorities and health boards to produce 3 yearly strategic plans (PIP) for the improvement and development of services for people with learning disabilities.
- 4.3 Now in its 10<sup>th</sup> year of the change programme, the time is right to re-evaluate our learning disability services with cognisance to the Scottish Government's SAY evaluation report 2012 and the potential operational and practice implications of Self Directed Support legalisation.
- 4.4 Self-directed support (SDS) allows people to choose how their support is provided to them by giving them as much ongoing control as they want over the individual budget spent on their support. SDS is the support a person purchases or arranges to meet agreed health and social care outcomes.
- 4.5 SDS includes a number of options for getting support. The person's individual budget can be:-
  - taken as a Direct Payment (a cash payment);
  - allocated to a provider the person chooses (sometimes called an individual service fund, where the CHCP holds the budget but the person is in charge of how it is spent);
  - or the CHCP can arrange a service for the supported person; and
  - or the supported person can choose a mix of these options for different types of support.
- 4.6 Currently, councils are only required to offer the first option (a Direct Payment) but this will change with the introduction of Self Directed Support Legislation in 2014.
- 4.7 Once SDS is fully introduced, every new assessment undertaken by ICHCP care management and assessment staff will be given the opportunity for SDS as well as existing service users.
- 4.8 By 2016, one in five people in Inverclyde will be over the age of 65 and according to the Health Needs Assessment Report "People with a Learning Disability in Scotland" (Scottish Executive, 2004) life expectancy of people with learning disabilities is set to rise and in future, "there will be more older persons with learning disabilities and more persons with the most severe learning disabilities in all age cohorts". The Report estimated that in Scotland, 20 people in every 1,000 have a mild or moderate learning disability and 3 to 4 people in every 1,000 have severe learning disabilities.
- 4.9 The changing demographics of the population of people with learning disabilities in Inverclyde continues to increase both in overall numbers and in complexity of needs. This is due in part to an increased life expectancy at all ages and all ability levels, including the survival of very premature and low birth-weight infants. This has resulted in a growing number of older adults with learning disabilities and also a growing number of people with severe and profound learning disabilities in all ages.
- 4.10 In the financial year 2012-13, Inverclyde CHCP has gross budgetary resources of £9,423,000 (net budgetary resources of £5,823,000) allocated to Learning Disability. This figure includes resource transfer and income for services. Due to the demand and unpredictable nature of the lives of people with a learning disability, unexpected budgetary pressures can be placed on the service.
- 4.11 Budget pressures have been recognised by Inverclyde Council, with a report submitted to the Policy and Resources Committee in November 2012 which approved additional funding of £1,000,000 being allocated to the LD service over the next three years to meet identified additional service pressures.

## 5.0 PROPOSALS

- 5.1 Learning Disability services and supports provided by Inverclyde CHCP currently and in the future will:-
- Review all high, medium and low cost care packages to ensure best value and those available resources meet current and future needs;
  - Effectively support service users with multiple disabilities and complex needs;
  - Provide Rehabilitation and Enablement ethos to learning disability service provision;
  - Evaluate and implement a Transition Protocol between young people leaving school and accessing adult services across social care and health;
  - Base future service provision on Self Directed Support legislation, Personalisation and reduction and withdrawing in 2015 of the Independent Living Fund;
  - Continue to use consultation and engagement tools and forums with service users, carers and families;
  - Work in collaboration with the third sector and other partners;
  - Continue to recognise and develop supports for carers;
  - Develop further opportunities for supported employment and develop partnerships with FE colleges;
  - Maximise opportunities for health improvement and health screening initiatives presented by ICHCP integrated working arrangements;
  - Continue to monitor and review out of authority placements;
  - Progress at local level the recommendations of Scottish Strategy for Autism;
  - Use existing forums to ensure that independent practitioners within Health system, Dentists, Opticians and GP's recognise and respond to the needs of individuals with a learning disability; and
  - Continue to develop short break /respite arrangements for individuals with a learning disability.
- 5.2 The above elements set out the outline of an ICHCP Learning Disability Strategy which will also provide the basis for future commissioning activity.

## 6.0 Service overview - Learning Disability (Day Opportunities)

- 6.1 Service provision for day opportunities to 228 service users are currently provided from the McPherson Centre, the Fitzgerald Centre, Boglestone Outreach Unit, Hope Street flat and Golf Road. The service also utilises church halls and community centres as well as other public areas and facilities e.g. Waterfront, libraries, snooker hall, bowling facilities, James Watt College etc.
- 6.2 Day Opportunity have service level agreements with Unity Enterprise which provides vocational training and work experience in a catering environment and Parklea Branching Out Project – a horticultural and gardening vocational training and recreational facility, and Enable Services which provide a job coaching service. As far as possible, programmes and activities are undertaken off-site and in community facilities Unity has 7 service users at the Municipal Buildings' diner and 11 at Fitzgerald centre - 18 service users. Parklea has 14 service users for training and 3 service users for employment - 17 service users.
- 6.3 We would propose to continue to develop this high quality service in line with the already well developed person centred planning approach and maximise opportunities for supported employment.
- 6.4 For those service users who attend McPherson Centre (28 service users supported by 13.9wte), accessing community resources requires high ratios of staff to service users, no less than one to one and sometimes two to one due to the profound learning disability/ complex/ multiple (including physical disability) needs of those who attend that unit. The evidence gathered from the social inclusion measurement tool shows that the extent and degree to which they access socially inclusive activities is limited and relatively static. Although all service users can access community resources with a high degree of support the majority of their time within Day Opportunities is based within the McPherson Centre where there is a high standard of physical resources e.g. tracking systems, bathing and personal care facilities, to meet their needs.
- 6.5 The Fitzgerald Centre provides day centre opportunities to 61 service users supported by 23.8 wte staff. Activities are held within the Fitzgerald centre and it is also utilised as a base for community activities for service users who attend the centre.

- 6.6 Outreach offer Person Centred Planning to existing service users and others to explore and support them to pursue community activities and to enhance personal autonomy and independence depending of their needs, wishes and aspirations. This service is based at the Fitzgerald Centre. Community Supports provide a service for users during the day, evening or weekend which also allows carers respite. The service provides staffing support to those attending James Watt College. (Boglestone - 14 Service Users 2 wte staff Community Supports - 22 Service Users, 4.2 wte staff. Outreach - 68 Service Users and 7.8wte staff)
- 6.7 Due to the range of disabilities within the learning disability population many become older and frailer at a younger age than the rest of mainstream population. Many of those with Down's Syndrome suffer from early onset dementia. Limited success has been achieved in moving those individuals onto mainstream day services for older people when they have a learning disability because of the range of disabilities. For those who require more sedentary activities in a quieter environment, either due to age, desire or need the service now provides such within the base of Boglestone Outreach Unit. Discussions are ongoing with mainstream Older People Services to explore feasibility for an integrated approach to the delivery of services for older people with a learning disability.
- 6.8 (The Autistic Spectrum Disorder part of the service currently offers direct service to service users with a diagnosis of Autism at Golf Road, which is a small house environment and best meets the needs of those currently in the service with Autism. (5 service users supported by 4.4wte staff)
- 6.9 The service aims to provide a direct and advisory role to service users to maintain and develop their inclusiveness within the service and the community and use the Golf Road base as a facility as required for individual and specific needs. The Senior Day Centre Officer in this ASD part of the service is also part of a four person team which, commenced in August 2012, to form part of a new Transition Process for young people leaving school and entering adult Day Opportunities.

## **7.0 Learning Disability Support & Care at Home Service -Supported Living Team**

- 7.1 The Supported Living Team is based at two flats in Lynedoch Street and provides a Housing Support Service to adults with a Learning Disability, to enable them to live independently within the community. The service encompasses support to people with an LD to live safely and securely at home, support with shopping and meal preparation, employability, social skills and community group work.
- 7.2 The service provides 480 hours of housing support per month supporting 35 service users by 6wte staff.

## **8.0 Supported Living Services – James Watt Court & MacGillivray Avenue**

- 8.1 At present the Supported Living Service provides 24 hour supported accommodation to 17 adults with a learning disability within two locations, James Watt Court and MacGillivray Avenue. The service enables individuals to live as full an independent life as possible through promoting life skills, community engagement and social activities.
- 8.2 Support is provided over a 24 hour period with staff providing sleepover cover between 11pm and 7am with a combined staffing compliment of 21.5wte.
- 8.3 Staff are directly employed by Inverclyde CHCP within these locations and as such the service is subject to budget pressures in terms of cover during periods of sickness and leave absence, Management requirements.
- 8.4 Service users with a Learning Disability are also supported in residential, supported living within their own tenancies with support provided by external organisations. These commissioned services are commenced via commissioning frameworks and agreed service specs monitored by in house contracts. Currently £6,397,000 LD budget (partly funded by £3,093,000 resource transfer) funds a service to 221 service users ( with 21 service users out with the local authority boundary at a cost of £1,034,046)

## 9.0 Local Area Co-ordinator – Supporting Learning Disability Community Opportunities

9.1 The ethos behind the Local Area Co-ordinator is to work with service users and their families in all aspects of their life. Each local authority adapts the role to the needs of the community to develop:-

- On going consultation to discuss improving access and availability of services to assist carers to continue in their caring roles;
- Consultation to develop health information in easy read accessible formats for people with learning disabilities. Information such as hospital passports, GP passports, information key-rings;
- Consultation on developing pathways to education, training and employment opportunities;
- Consultation on Self Directed Support (Direct Payments) to keep service users and carers informed and involved of the changes that may affect them as to the way people receive social care in the future;
- Consultation on traditional respite and promoting alternative short breaks;
- Consultation on strategic developments in relation to services and support for carers;

9.2 The Local Area Co-ordinator is presently supporting 12 individuals directly. The also provide group work sessions and support individual enquiries in relation to learning Disability support.

## 10.0 Alternative Breaks and Respite Provision

10.1 Break /Respite provision is provided through care management and assessment teams based on an individual assessment of need. It is mainly externally provided with a small in-house respite provision at Hillend Respite Unit.

Respite Provider	Annual Number of Service users and Number of Over Nights	Annual Cost
Hillend Respite Unit (In-house)	10 (143 Overnights)	£ 9,953
Alternative Breaks	19 (85 overnights)	£ 15,327
External Care Provider	51 (1072 Overnights)	£279,222
<b>Total</b>	<b>80 (143 Overnights)</b>	<b>£304,502</b>

## 11.0 Out of Authority Placements

11.1 Due to the specialised needs or adult protection, vulnerable circumstances of some service users with a learning disability, care management and assessment services have placed Inverclyde residents out with the Local Authority boundaries. The current position of both Inverclyde CHCP and NHSGG&C is that these out of area placements where possible should be brought back to Inverclyde after careful assessment and consultation with the service user and families. At present, Inverclyde CHCP have 21 service users out with the local authority boundary at a cost of £1,034,046.

## 12.0 NHS Greater Glasgow & Clyde Community Learning Disability Redesign

12.1 NHS GGC has identified a need to plan and redesign Specialist Adult Learning Disability Services on a whole systems basis. This redesign will focus on the future role and function of Services, Workforce and Care Pathways and in particular the contribution of NHS services to achieving good outcomes for people with Learning Disability. Developments locally to CHCP provision of Learning Disability Services will parallel the NHS re-design work.

## 13.0 Inverclyde Community Learning Disability Team

13.1 Inverclyde CLDT is a multidisciplinary NHS Greater Glasgow & Clyde team focussed on meeting the specialist healthcare needs of adults with learning disabilities and young people with learning disabilities in transition from school and/or children's health services. The CLDT provide services to people with a learning disability with an additional specialist health need). People with conditions including ADHD, learning difficulties (e.g. dyslexia) and autism will be seen where learning disability is present.

13.2 Inverclyde CLDT is based in NHS premises at Cathcart Centre. Inverclyde CLDT is co located at the Cathcart Centre facilities with Inverclyde Council Assessment and Care Management Team with on going developments in terms of opportunities to integrate the two services.

#### **14.0 Staffing Structure**

- 14.1
- Consultant Psychiatrist (0.6 WTE);
  - Principal Clinical Psychologist Band 8A (1 WTE);
  - Psychology Assistant Band 5 (0.6 WTE);
  - Team Leader Band 7 (1WTE);
  - Community LD Nurse Band 6 (1 WTE);
  - Community LD Nurse Band 5 (3 WTE);
  - Speech & Language Therapist Band 7 (0.6 WTE);
  - Speech & Language Therapist Band 6 (0.4 WTE);
  - Occupational Therapist Band 6 (0.5 WTE);
  - Physiotherapist Band 7 (1 WTE);
  - Physiotherapy Assistant Band 3 (0.5 WTE);
  - Dietician Band 6 (0.2 WTE);
  - Medical Secretary Band 4 (1 WTE); and
  - Admin Assistant Band 2 (1 WTE).

#### **15.0 IMPLICATIONS**

15.1 Finance:

The two year re-design will have financial implications but these cannot be quantified at this stage and will be reported to a future CHCP Sub Committee.

15.2 Personnel: Human Resource

15.3 Equalities: None

15.4 Repopulation: Ongoing review and development of services will ensure quality and robust Learning Disability Services which will meet the needs of service users within Inverclyde in line with potential increase in numbers of people with a learning disability.

#### **16.0 CONSULTATION**

#### **17.0 BACKGROUND PAPERS**

Same As You 2012