

## Booking Lines

Dazzles Fit Kids Camps ... Lynne 07824 554 403, Christine 07944 002 755  
 Bikini Bootcamp.....01475 714298  
 P1-P3 Multi Sports Comp.....01475 714298  
 Sports Leaders Level 2.....01475 714298  
 Greenock Wanderers Rugby Camp .....01475 714298  
 Inverclyde Schools Athletics .....01475 714298  
 Tennis.....Ardgowan 07789267613, Fort Matilda 07950577327  
 Hockey Club..... www.mortoncommunity.net



# SUMMER HOLIDAY

## Activity Programme

# 2015



There's something for everyone



Inverclyde council



Inverclyde council



[www.inverclyde.gov.uk](http://www.inverclyde.gov.uk)

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## Dazzles Fit Kids Camp

Mon 29th June - Fri 7th August  
 Morning session 10.30am-12.30pm, Afternoon session 1.30pm-3.30pm  
 Dazzles Dance Studio  
 £6 per half session and £12 per full day  
 Lynne - 07824 554 403, Christine - 07944 002 755  
 Huge amount of activities throughout the camp including - Dance, Gymnastics, Variety of Olympic sports, games, trampolining, Drama, Singing, Arts & Crafts, Hair & Make up and Fun Disco.  
**Book 4 full days get a 5th FREE**

## P1-P3 Multi Sports Camp

3rd, 5th and 7th August  
 10am-12.30pm  
 Notre Dame High School  
 01475 714298  
 This is a NEW and EXCITING camp starting this summer for children in Primary 1-3 (completed P1). Each session will be filled with fun and exciting sports such as; Tennis, Badminton, Athletics, Football Basketball and playground games.

## Bikini Bootcamp – Active Girl's Leading the way

Monday, Wednesday & Friday's, 20th July – 7th August 2015 - S2-S6  
 1pm-3pm, Notre Dame High School  
 Free Of Charge  
 01475 714298  
 Bikini bootcamp is a great opportunity for girls in S2-S6 to get active, meet new people while developing leadership skills. Participants will develop their skills in gymnastics, sports acro, fitness, dance and team games, while also taking part in team building activities and leadership workshops. This programme is a fantastic way for girls to get their first taste of sports leadership.

## Sports Leaders Level 2

10th- 14th August - 14yrs+  
 9.30-4.00pm, Notre Dame High School  
 £31.00  
 01475 714298  
 Level 2 in Sports Leadership is a practical, nationally recognised qualification which enables participants to develop leadership knowledge, skills and delivery experience. In addition to the intensive course participants are required to deliver 10 hours of coaching in conjunction with Active Schools/Sports Development. Participants must be 14+ enthusiastic about leadership through sport.

## Greenock Wanderers Rugby Camp

1st, 7th, 9th, 21st and 22nd July, 5-14yrs, 12-3pm  
 Greenock Wanderers Rugby Club  
 £5  
 01475 714298  
 Participants will be coached by the local Rugby Development officer and will take them through their paces on a variety of rugby related skills including catching, passing, kicking and agility. Please come prepared to take part in sport outside and also bring lunch and water. Camp will be ran by the club Development Officer Brendan McGroarty and sessional coaches. Boys and Girls will be divided into smaller age groups upon arrival so games and challenges can better suit their abilities, and questions should be directed to: [brendan.mcgroarty@inverclyde.gov.uk](mailto:brendan.mcgroarty@inverclyde.gov.uk)

## Inverclyde Schools Athletics Startrack Athletics

6th July-10th July & 13th July - 17th July  
 8-14yrs  
 10am-3pm  
 Inverclyde Academy  
 £45  
 01475 714298

## Mini Athletics

6th July-10th July & 13th July - 17th July  
 5-8yrs  
 10am-12noon  
 Inverclyde Academy  
 £25  
 01475 714298

Programme based on developing a wide range of Running Jumping & Throwing Athletics skills with Fundamental Movement skills, Conditioning, Team and Individual Activities in a fun packed week Both Startrack & Mini Athletics are delivered by qualified coaches who are child centred. Cheques made payable to Inverclyde AC (incl supervised lunch break- Bring own packed lunch)

## Ardgowan Tennis Camp

6th July- 10th July, 20th July - 24th July & 3rd Aug - 7th Aug

## Fort Matilda Tennis Camp

29th June- 3rd June, 13th July - 17th July, 27th July 31st July  
 5-9yrs - 10am-12noon, 10-15yrs - 12:30-2:30  
 At respective club  
 Members £5 per day or £20 per week, Non members £6 per days or £24 per week, Second child or more (siblings) pay half price  
 Ardgowan - [ardgowantennisclub@gmail.co.uk](mailto:ardgowantennisclub@gmail.co.uk),  
 07789267613 Fortmatilda [calum.rob@ntlworld.com](mailto:calum.rob@ntlworld.com),  
 07950577327

Come have a ball at Fort Matilda and Ardgowan Summer Camps! Sessions on throughout the summer for all ages and will include coaching, matchplay and fun games. A great way to give tennis a go for the first time or improve your skills and challenge your friends! Come and have a smashing time!

## Hockey Club

Mon - Fri each week (20th to 24th July and 3rd to 7th August) - P4 to S2  
 10am to 12 noon then 1pm to 3pm (Half day option available, bring a packed lunch for full day option).  
 Inverclyde Academy - £29 per week for half day (Can be morning or afternoon session). £49 per week for full day.  
 Book through [www.mortoncommunity.net](http://www.mortoncommunity.net) and queries please email [committee@greenockhockeyclub.co.uk](mailto:committee@greenockhockeyclub.co.uk)

# SUMMER ACTIVITY APPLICATION FORM

Please complete this application fully

Name:.....  
 Sex: Male  Female  (tick)  
 Address: .....  
 .....  
 ..... Postcode: .....  
 Age: ..... D.O.B .....  
 Email:.....  
 Home Tel No: .....  
 Parent/Guardian daytime Tel No: .....  
 School: .....

## DETAILS OF ACTIVITY

Activity.....  
 Venue .....  
 Date(s) .....  
 Fee enclosed £ .....  
 Signed .....  
 Parent/Guardian .....  
 Date .....

## MEDICAL INFORMATION

(This information is required in the event that your child requires medical attention or to be admitted to hospital)

- |   |  |     |    |
|---|--|-----|----|
| 1 | Does your child suffer from any conditions requiring medical treatment/medication (including asthma)?<br>If yes please provide details:  | YES | NO |
| 2 | To the best of your knowledge, has your child been in contact with contagious or infectious disease or suffered from any ailment during the last 4 weeks that may become contagious or infectious?<br>If yes please provide details: | YES | NO |
| 3 | Is your child allergic to any medication or food?<br>If yes please provide details:  | YES | NO |
| 4 | Has your child received a tetanus injection in the last 5 years?   | YES | NO |

## EMERGENCY CONTACT INFORMATION

(Please complete both)

Name of Contact 1 ..... Name of Contact 2 .....  
 Telephone Number ..... Telephone Number .....  
 Mobile Telephone Number ..... Mobile Telephone Number .....  
 Home Address ..... Home Address .....  
 Family Doctor Telephone Number .....  
 Surgery Address .....

COMPLETED FORMS WITH THE CORRECT PAYMENT SHOULD BE GIVEN TO RECEPTION AT THE SPECIFIC CENTRE.

For official use £ \_\_\_\_\_ amount paid. Receipt no \_\_\_\_\_

Receptionist: \_\_\_\_\_

**INFORMATION:** Children should bring a snack and a drink, either water or dilute orange (not fizzy drinks). Children should dress appropriately for the weather at the outdoor sessions. Inverclyde Council/Inverclyde Leisure reserve the right to cancel or amend any course venue information. Children must agree to abide by Inverclyde Council/Inverclyde Leisure rules and regulations  
 Please tick this box if you **DO NOT** want your child to be photographed for publicity purposes.