



Inverclyde Alliance

AGENDA ITEM NO: 12

Report To: Inverclyde Alliance Board **Date:** 17 June 2024

Report By: Beatrix v. Wissmann
NHS GGC Public Health

Kate Rocks
Chief Officer, Inverclyde HSCP

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Subject: Inverclyde report of the NHS Greater Glasgow and Clyde 2022/23 Adult Health and Wellbeing Survey and Director of Public Health Report

1.0 PURPOSE:

1.1 Outline the post pandemic population health status, via the new Director of Public Health Report and the findings of the 2023 Adult Health and Well-being Survey for Inverclyde, to inform considerations of the public health priorities for the Inverclyde Alliance Board.

2.0 SUMMARY

2.1 Against the backdrop of the Covid-19 pandemic and cost of living crisis, the Director of Public Health Report "Working Together to Stem the Tide" (framed by interviews with over 10,000 residents via NHSGGC's Health and Wellbeing Survey and updated epidemiology evidence) has been published to develop a collective understanding of the health and wellbeing our communities in order to review and refresh NHSGGC's public health strategy: Turning The Tide through Prevention.

2.2 With 1,138 Inverclyde residents interviewed, the Health and Wellbeing Survey it is the biggest single source of data about current health behaviours and perceptions of health and wellbeing across our population. It provides information on health trends and for different population groups, enabling us to consider public health issues at local and thematic level within Inverclyde, to inform planning and highlights areas where we need to work with partners and local communities to improve health.

2.3 It is the first Health and Wellbeing survey conducted post-Covid and provides intelligence on the impact of the pandemic for our community, unsurprisingly showing a decline in self-perceived health since 2017/18. Alongside the pandemic, austerity has also had a more disproportionate negative impact on some of our residents.

2.4 Despite these challenging findings, the report provides an opportunity to galvanise and mobilise partners around a shared understanding of the public health priorities for our communities.

3.0 RECOMMENDATIONS

3.1 It is recommended that the Alliance Board:

- a. Acknowledge the health and wellbeing position of our population
- b. Note the publication of the Inverclyde findings of the NHSGGC Adult Health and Wellbeing Survey (2022/23) and the NHS GGC Director of Public Health Report, and the wide use of both report findings amongst staff, partner agencies and academia
- c. Note the analysis and calls to action within the Director of Public Health report, and their application to planning to capitalise on available opportunities to improve health.

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4.0 BACKGROUND

- 4.1 Against the backdrop of the Covid-19 pandemic and cost of living crisis, the Director of Public Health Report “*Working Together to Stem the Tide*” (framed by interviews with over 10,000 residents via NHSGGC’s Health and Wellbeing Survey and updated epidemiology evidence) has been published to develop a collective understanding of the health and wellbeing our communities in order to review and refresh NHSGGC’s public health strategy: Turning The Tide through Prevention.
- 4.2 This report sets out the findings for Inverclyde, from the Health and Wellbeing survey conducted through face-to-face interviews with adult residents across the NHS Greater Glasgow and Clyde area between September 2022 and May 2023. There were 1,138 interviews conducted in Inverclyde.
- 4.3 The survey has been conducted every three years since 1999 in the Greater Glasgow area, and in the expanded Greater Glasgow and Clyde area since 2008. The COVID pandemic caused a postponement to the survey in 2020/21, meaning there has been a five-year gap since the previous survey in 2017/18. Data were weighted to ensure they are representative of age, gender, deprivation groups and geographical areas.

5.0 PROPOSALS

- 5.1 In summary, the findings of the survey for Inverclyde show:
- Health and Illness: There has been a decrease in the proportion of adults in Inverclyde with a positive view of their physical wellbeing, mental/emotional wellbeing and quality of life, and an increase in the proportion with a condition or illness that limits their daily activities, and an increase in the proportion being treated for at least one condition, to the highest levels seen across the last five surveys. Those in the most deprived areas fared worse than those in other areas, and measures of health and wellbeing consistently showed Inverclyde faring worse than the NHSGGC area as a whole.
 - Health behaviours: Across a range of health behaviour indicators, those in the most deprived areas of Inverclyde had worse indicators than those in other areas – being more likely to smoke or be exposed to second hand smoke, more likely to use e-cigarettes, and less likely to meet the targets for fruit/vegetable consumption or physical activity. The exception was that those in the most deprived areas were less likely to drink alcohol. However, among those who did drink, those in the most deprived areas were more likely to binge.
 - Social Health and Social Capital: Some of the indicators showed higher levels of social health and social capital for Inverclyde than for NHSGGC in 2022/23: e.g. compared to NHSGGC overall, findings for Inverclyde showed a lower proportion feeling isolated, a higher proportion feeling a valued member of their community, and a higher proportion with positive perception of reciprocity (neighbours helping each other). However, trends over time showed a steep deterioration of all of these indicators for Inverclyde (and for NHSGGC overall) compared to previous years, and those in more deprived areas faring worse. The proportion with a positive perception of services declined, except for schools. The steepest decline in positive perception was seen for GP/Doctor, followed by OOH medical provision and public transport.
 - Financial Wellbeing: The proportion who had indicators of food insecurity (14%) doubled compared to 2017/18, although it was slightly lower than in the NHSGGC area as a whole. Among those in the most deprived areas, more than 1 in 5 had indicators of food insecurity. Whilst the overall proportion who had difficulty meeting the cost of food/energy was lower than in the NHSGGC area as a whole, nearly half of those in the most deprived areas of Inverclyde said they had difficulty meeting the cost of food and/or energy.
- 5.2 Setting out the contemporary public health challenge, the Director of Public Health Report (January 2024) recognises the role of wider determinants of health and focuses on mobilising the skills and expertise within the NHS and all our partners to seize all available opportunities to improve health. The priority areas for action, which align well with the themes of the Inverclyde Partnership plan 2023/33, are:
- Ensuring the best start for life

- Enabling health weight
- Boosting mental health and wellbeing
- Concerted action to reduce drug harms
- Building financial security for better health
- Creating a trauma-informed response
- Broadening access to digital health
- Affordable, accessible and sustainable transport
- Strengthening communities and places

5.3 As also recognised by the Inverclyde Partnership Plan, the challenges for the health and wellbeing of our population will not be overcome by continuing to do things the same way they have always been done. Partnership working will be key to improve health outcomes and focus on reducing inequalities. This will contribute to our vision that Inverclyde is a caring and compassionate community working together to address inequalities and assist everyone to live active, healthy and fulfilling lives.

6.0 IMPLICATIONS

6.1 Legal: None at present

Finance: None at present

Human Resources: None at present

Equality and Diversity: This report does not introduce a new policy, function or strategy or recommend a substantive change to an existing policy, function or strategy. Therefore, assessed as not relevant and no EQIA is required

Alliance Partnership Plan: The actions contained within this report will contribute to the following Partnership Plan outcomes:

- Empowered people
- Working People
- Healthy People and Places
- A Supportive Place
- A Thriving Place

7.0 CONSULTATIONS

7.1 The matters contained within this paper have been previously considered by the Inverclyde HSCP senior management team as part of its development and is being presented to the Inverclyde IJB in May 2024. The Director of Public Health annual report, has been approved by the NHS GGC Corporate Management Team, and was presented to the NHS GGC Board.

7.2 The Public Health Directorate and the Inverclyde Health Improvement Team (HSCPs) are initiating a programme of local engagement with Community Partners, Third Sector and Voluntary Partners to ensure local intelligence and local voices inform priorities and drive the development of our joint delivery framework.

8.0 LIST OF BACKGROUND PAPERS

8.1 Inverclyde Report of the Health and Wellbeing Survey [NHS Greater Glasgow and Clyde 2022/23 adult health and wellbeing survey: Inverclyde report \(scot.nhs.uk\)](https://www.scot.nhs.uk/nhs.uk/health-and-wellbeing-survey-inverclyde-report)

8.2 NHS GGC Director of Public Health Report 2024 [Working together to stem the tide \(scot.nhs.uk\)](https://www.scot.nhs.uk/nhs.uk/working-together-to-stem-the-tide)